



Frjálsíþróttadeild Ármanns 2021-2022



	Mánudagur	Þriðjudagur	Miðvikudagur	Fimmtudagur	Föstudagur	Laugardagur
1.-2.bekkur		15:00-15:45		15:00-15:45		
3.-4.bekkur		16:00-17:00		16:00-17:00		
5.-6.bekkur	16:00-17:30	16:00-17:30		16:00-17:30		
7.-8.bekkur		16:30-18:00	16:30-18:00	16:30-18:00	16:00-17:30	
9.-10.bekkur	17:00-18:30	17:00-18:30	16:30-18:00	17:00-18:30		
Unglinga- og meistaraflokkur	18:00-20:00+1	18:30-20:30	18:00-20:00+1	18:30-20:30	17:00-19:00	10:00-12:00